

Our amazing bodies

One theme. Five stages. Whole-child learning.

A selected glimpse from our opening five-week theme. Carefully planned experiences connect knowledge, language, mathematics, wellbeing and independence.

See the depth behind our curriculum

The examples below show how learning becomes richer with age and readiness. They are selected opportunities, rather than a weekly sequence or a checklist for every child.

0-1 years Notice and connect	A SELECTED EXPERIENCE A familiar educator names body parts during songs, movement and respectful care.	WHAT THIS CAN DEVELOP Begin connecting words with body awareness; respond through gaze, gestures or sounds. Notice rhythm and build trust.
1-2 years Name and explore	A SELECTED EXPERIENCE Children point to body parts, copy actions and notice a repeated beat with an adult.	WHAT THIS CAN DEVELOP Build vocabulary and early matching; notice patterns; join simple care routines and express choices.
2-3 years Observe and wonder	A SELECTED EXPERIENCE Children notice their breathing after movement and explore how moving air affects an object.	WHAT THIS CAN DEVELOP Use words to describe changes; compare fast and slow; recognise body signals and practise healthy habits.
3-4 years Investigate and explain	A SELECTED EXPERIENCE Children explore a simple heart model and connect its movement with their own heartbeat.	WHAT THIS CAN DEVELOP Connect a scientific idea with new vocabulary; count and compare; discuss feelings and caring for their bodies.
4-5 years Connect and reason	A SELECTED EXPERIENCE Children compare observations before and after movement, record what they notice and explain their ideas.	WHAT THIS CAN DEVELOP Develop reasoning and communication; represent amounts and changes; connect knowledge with wellbeing and independence.

Known as an individual. Supported at every stage.

Educators adapt experiences to each child's interests, needs and readiness. Under two, responsive talk, songs and books build language foundations; there is no formal phonics. Body ownership, consent and respectful boundaries are reinforced in age-appropriate ways.

This parent overview illustrates our approach. It is not the complete teaching plan. Families receive updates about their child's current learning and individual progress.